ALTARUM
HEALTHCARE VALUE HUB

For AUDIO:
Dial: 712-775-7035
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Welcome to:

LIVE WELL SAN DIEGO IN ACTION: A THREE-PART WEBINAR SERIES

Support provided by
Robert Wood Johnson Foundation

www.HealthcareValueHub.org
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Welcome and Introduction

Lynn Quincy

Director, Healthcare Value Hub

Housekeeping

- **Thank you for joining us today!**
- **All lines are muted until Q&A**
- **Webinar is being recorded**

BUILDING A REGION OF HEALTH AND SOCIAL WELLNESS

MARCH 1, 2018

Barbara Jiménez, MPH
Director, Regional Operations
Health and Human Services Agency
Central and South Regions
County of San Diego, CA

Susan Bower, MSW, MPH
Assistant Director, Integrative Services
Health and Human Services Agency
County of San Diego, CA

LIVE WELL SAN DIEGO

COUNTY OF SAN DIEGO
HEALTH & HUMAN SERVICES AGENCY

LIVE WELL SAN DIEGO

- Mission is to make people's lives healthier, safer and self-sufficient by delivering essential services
- Values are integrity, stewardship and commitment
- Provide vital health and social services to San Diego County's 3.3 million residents, and 1.1 million customers.
- Hub and spokes for safety net and large scale population improvements
- From institution-based initiatives to communitywide social movement

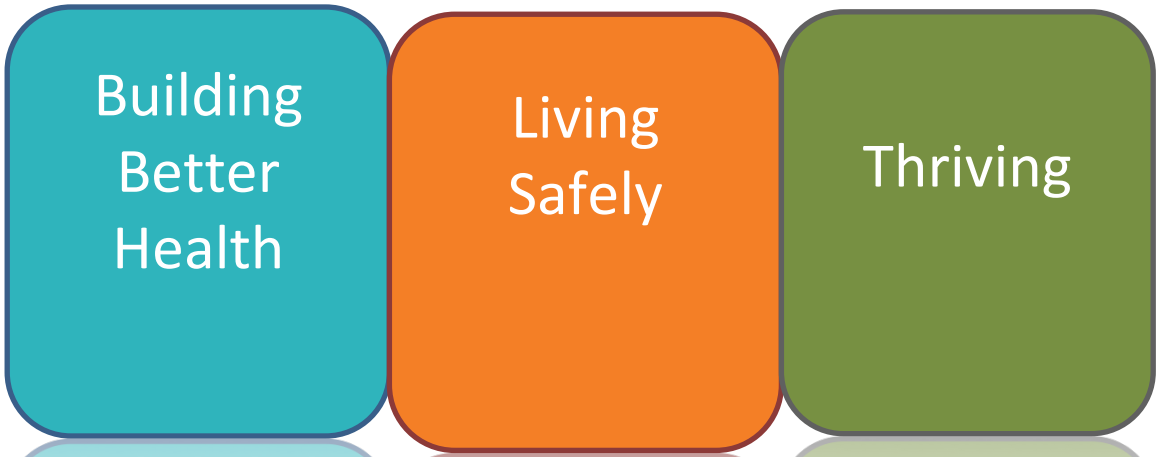
LIVE WELL SAN DIEGO

San Diegans helping San Diegans Live Well

OUR VISION

A plan to advance the health and overall well-being of the entire San Diego region:

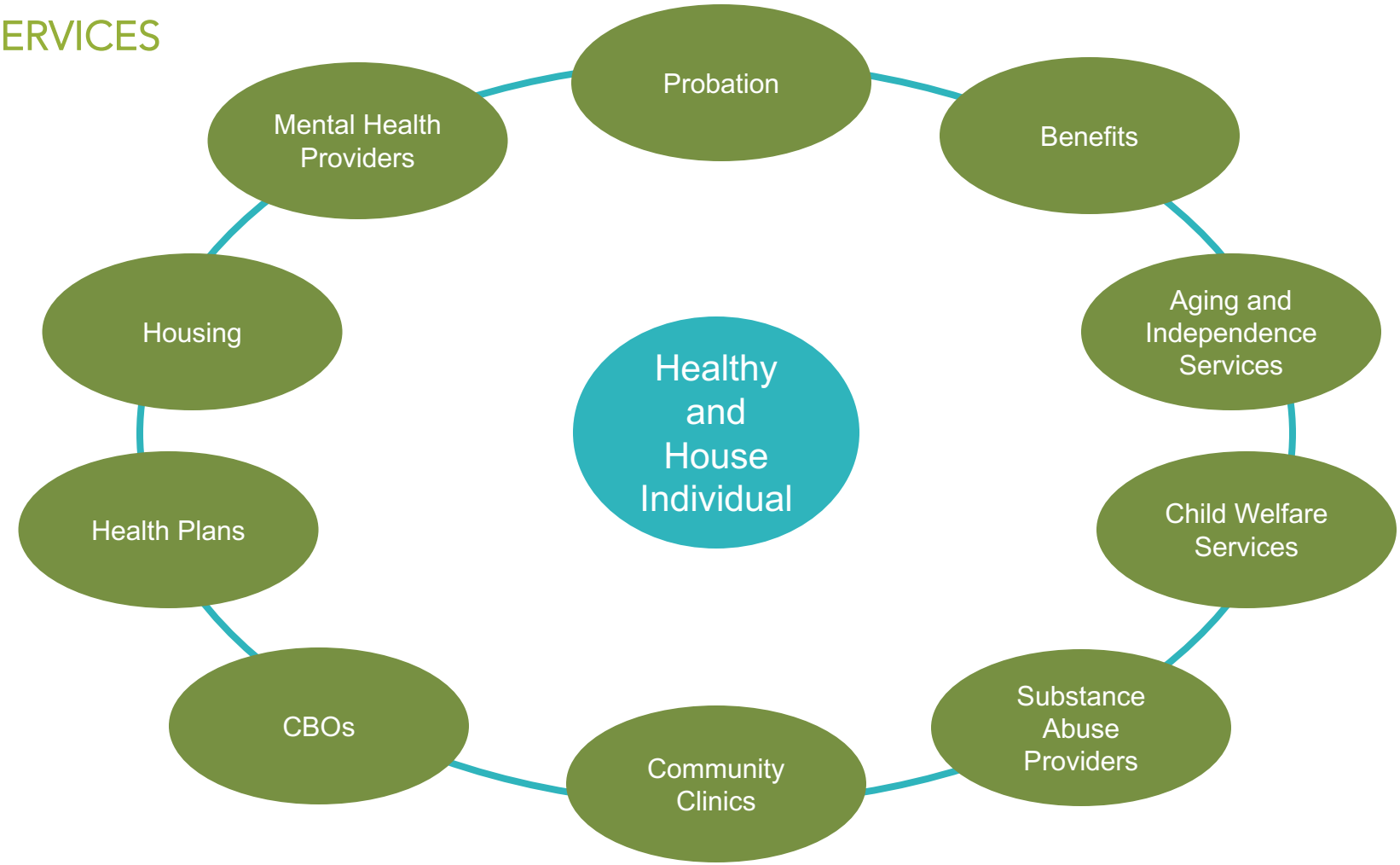
LIVE WELL SAN DIEGO



WELLNESS: AN INTEGRATED APPROACH

LIVE WELL SAN DIEGO

SERVICES



PROJECT ONE FOR ALL

OUTREACH, TREATMENT, HOUSING

LIVE WELL SAN DIEGO

PROJECT ONE FOR ALL

WHAT IS PROJECT ONE FOR ALL?

Project One For All is an extensive effort by the County of San Diego and its partners to provide intensive wraparound services, including mental health counseling and housing, to homeless individuals with serious mental illness.

Estimate of individuals *in our region* with Serious Mental Illness: **1,250**

LIVE WELL SAN DIEGO

PROJECT ONE FOR ALL

Regional Initiative for Outreach, Treatment & Housing

Policy

Serve all individuals experiencing homelessness with Serious Mental Illness (Countywide estimated # of Homeless SMI 1,250)

Funding

Mental Health Services Act (MHSA)

Mainstream Housing Resources

Approach

Partnership with local housing authorities to allocate vouchers specifically for this population

PROJECT ONE FOR ALL

PROJECT ONE FOR ALL *COMPONENTS*

- OUTREACH AND ENGAGEMENT : Establish active outreach to people living on the streets to engage them in housing and services
- HOUSING: Identify and prioritize housing resources, including Permanent Supportive Housing, following a Housing First approach
- TREATMENT : Expand the availability of comprehensive wraparound services that are easily accessible
- OUTCOMES: Measure progress and effectiveness of the impact on individuals and systems

LIVE WELL SAN DIEGO

PROJECT ONE FOR ALL

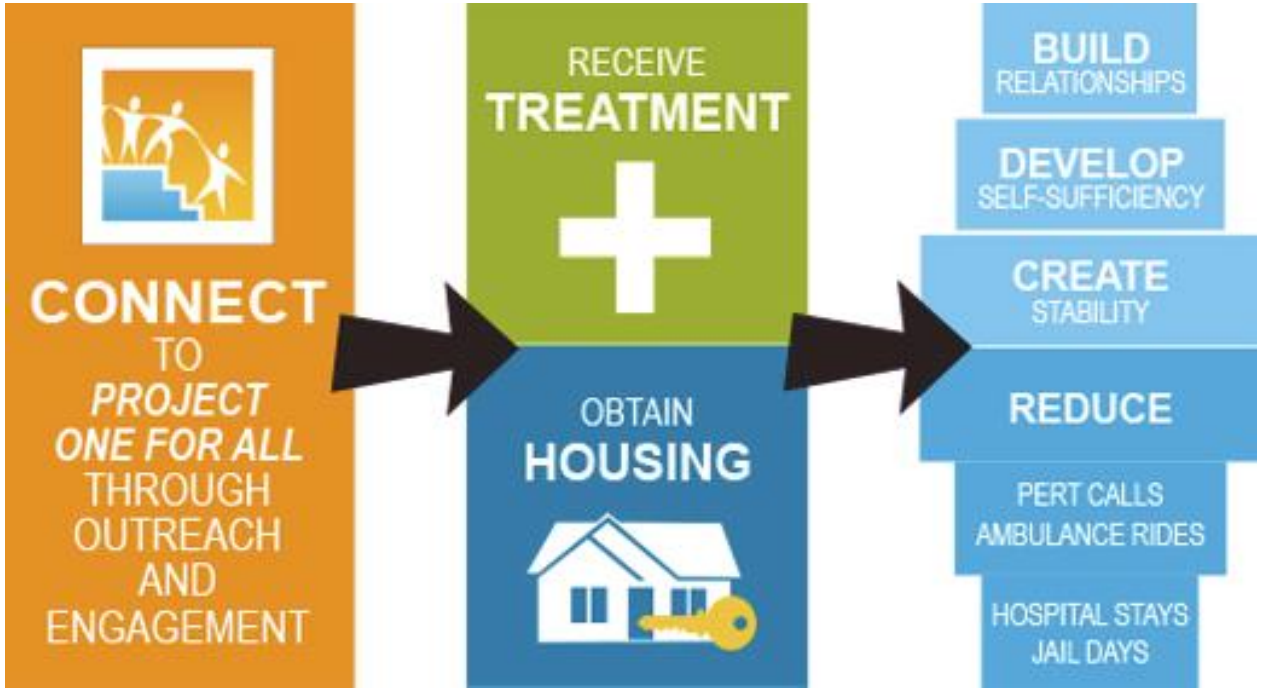
PROJECT ONE FOR ALL *PATH TO SUCCESS*

- Trained individuals to identify homeless with mental illness
- More capacity to provide mental health treatment
- Implementation of regional Coordinated Assessment and Housing Placement system (CAHP)
- Health and Human Services Agency now has immediate access to Section 8 Housing Choice Vouchers

LIVE WELL SAN DIEGO

PROJECT ONE FOR ALL

PERFORMANCE MEASURES



PROJECT ONE FOR ALL

LIVE WELL SAN DIEGO

WHOLE PERSON WELLNESS

LIVE WELL
SAN DIEGO

OVERARCHING GOALS FOR WPW

- **Provide comprehensive system navigation** for individuals with complex physical and/or behavioral health needs who are experiencing an unstable living situation or homelessness
- **Comprehensive care coordination across multiple systems** including housing, physical health, behavioral health, and social services to result in better health and housing outcomes for the individual
- **Integrated IT infrastructure**

NUMBER OF CLIENTS TO BE SERVED: 1,049

COMMUNICATE ⟷ **COORDINATE** ⟷ **ADVOCATE**

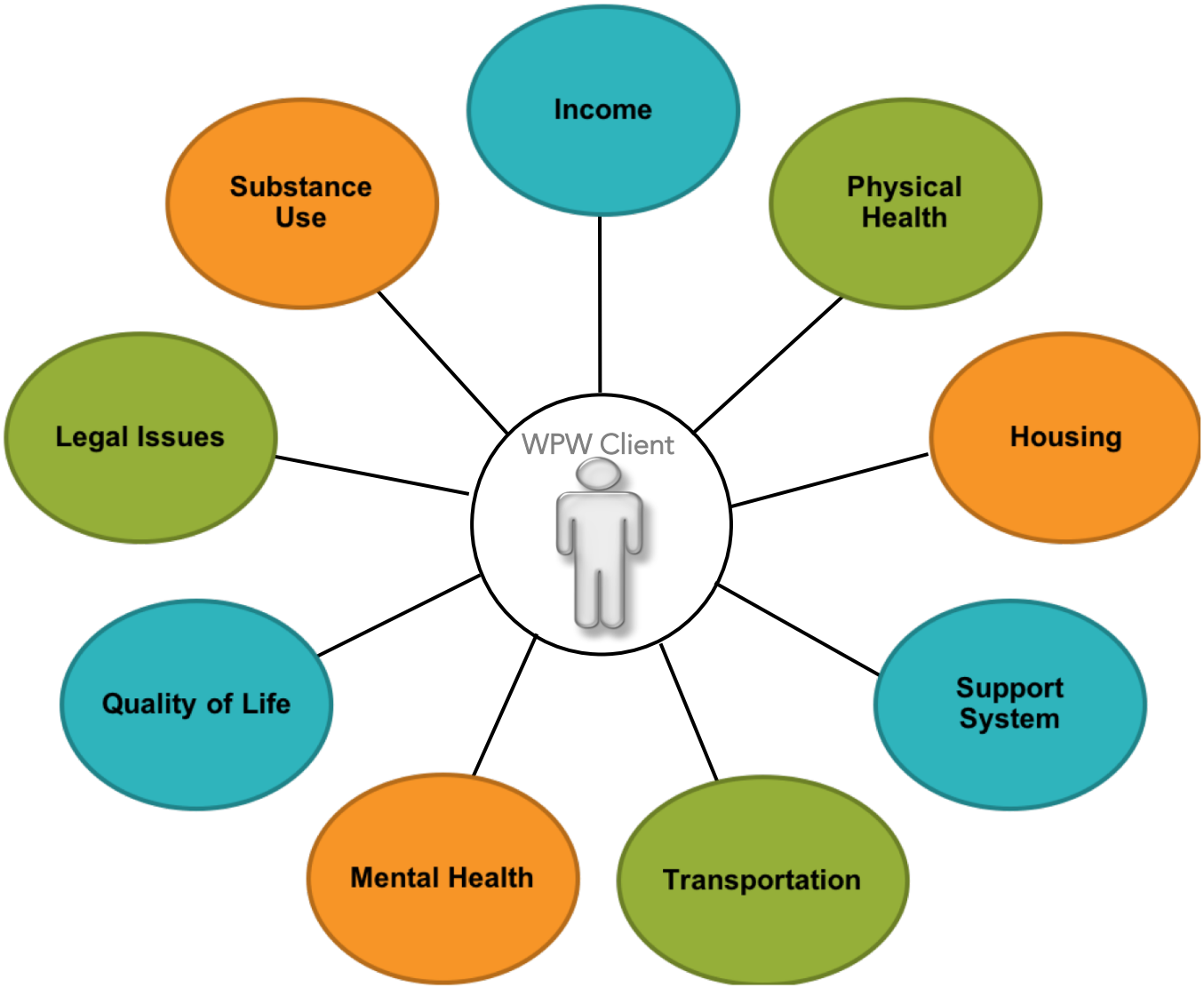
TARGET POPULATION

People who are **high utilizers** of health services **AND** experiencing **homelessness, or are at-risk of homelessness AND** have one or more of the following:

- Serious Mental Illness
- Substance Use Disorder
- Chronic Physical Health Conditions

WHOLE PERSON WELLNESS

LIVE WELL SAN DIEGO



SERVICES

- **Intensive Outreach and Engagement**
- **System Navigation**
  - Social workers paired with peer support specialists to help access services
- **Tenancy Supports**
  - Becoming “housing ready”
  - Assistance in maintaining housing
  - Flexible funds for housing supports
- **Technology**
  - ConnectWellSD - deliver services and communicate across systems
  - Community Information Exchange - identify supportive systems
  - SD Health Connect – identify hospital activity

PERFORMANCE MEASURES

BECOMING HOUSED

- Permanently house participants

IMPROVED PHYSICAL HEALTH

- Participants seen by a Primary Care Physician within 60 days
- Decrease number of ED visits and hospital days

IMPROVED BEHAVIORAL HEALTH

- Decrease number of County Psychiatric Hospital days
- Follow-up care for mental illness within 14 days of hospitalization
- Initiate treatment within 30 days for clients identified with SUD
- Increase depression remission

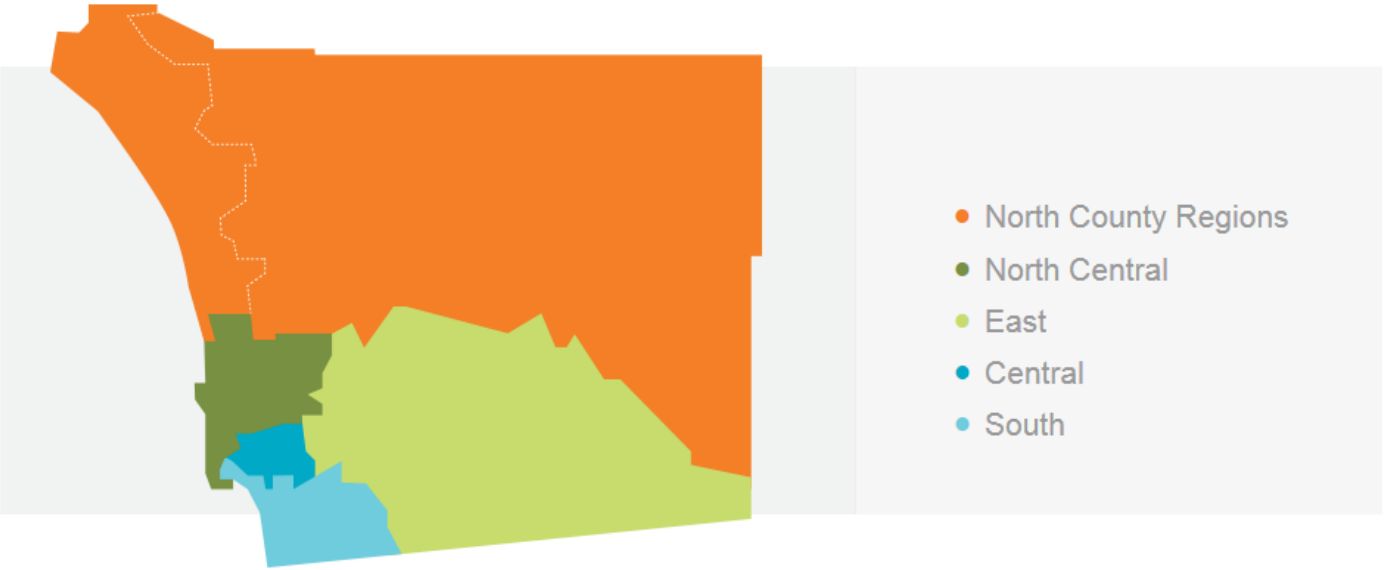
IMPROVED PUBLIC SAFETY

- Decrease number of incarcerations

HHSA REGIONAL LEADERSHIP TEAMS

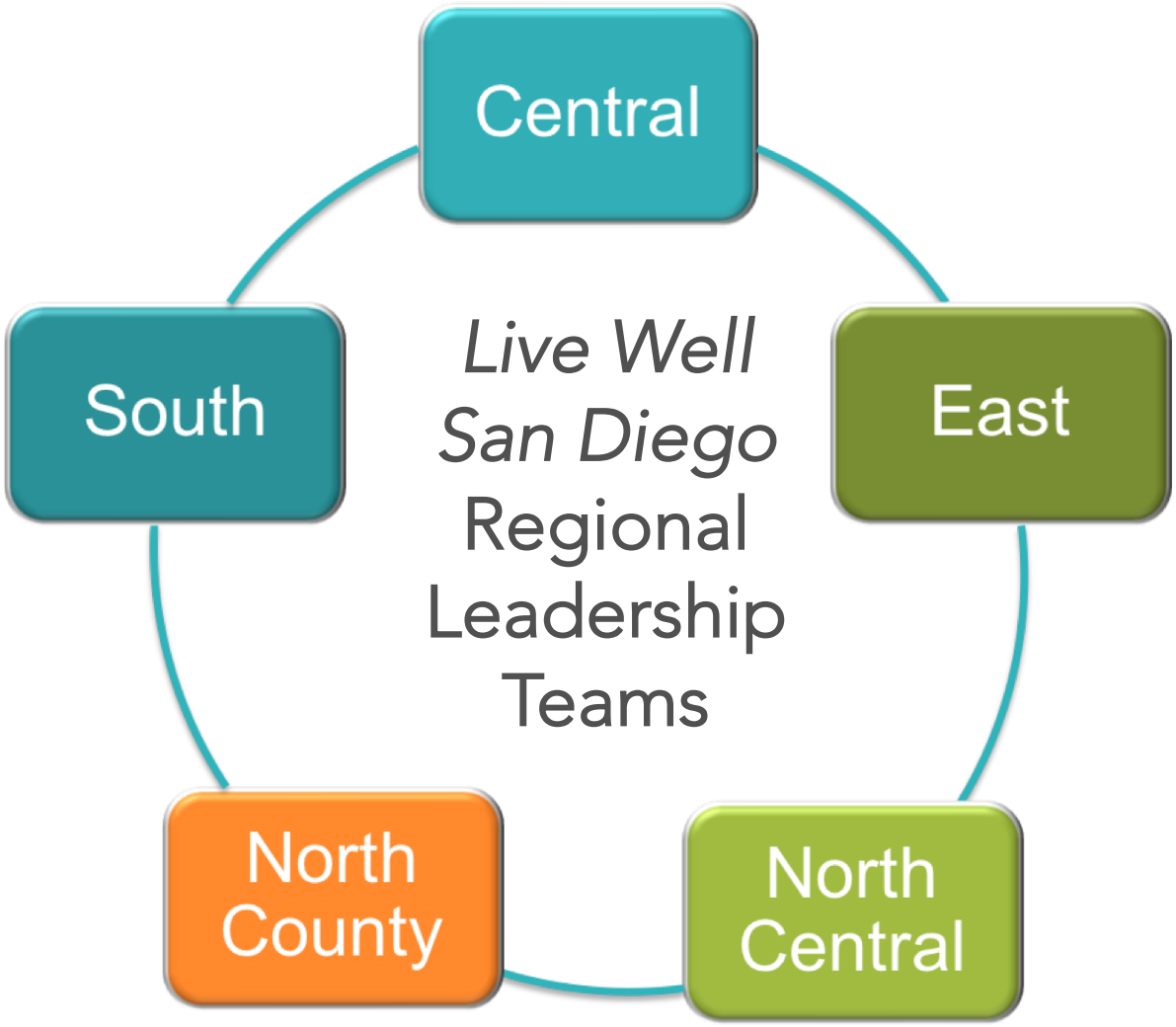
LIVE WELL SAN DIEGO

HHSA REGIONAL STRUCTURE



Region	Central & South Regions	North Inland & North Coastal	East & North Central
Regional Director	Barbara Jiménez	Chuck Matthews	Kimberly Gallo
Community Health Promotion Lead	Tina Emmerick	Carey Riccitelli	Katie Judd

COMMUNITY HEALTH IMPROVEMENT PLANS (CHIPS)



EAST AND NORTH CENTRAL REGIONS

EAST REGION

- Co-chaired by Second District Supervisor of the County Board of Supervisors
- Includes 3 workgroups: Active Living, Healthy Eating, Substance Abuse

NORTH CENTRAL REGION

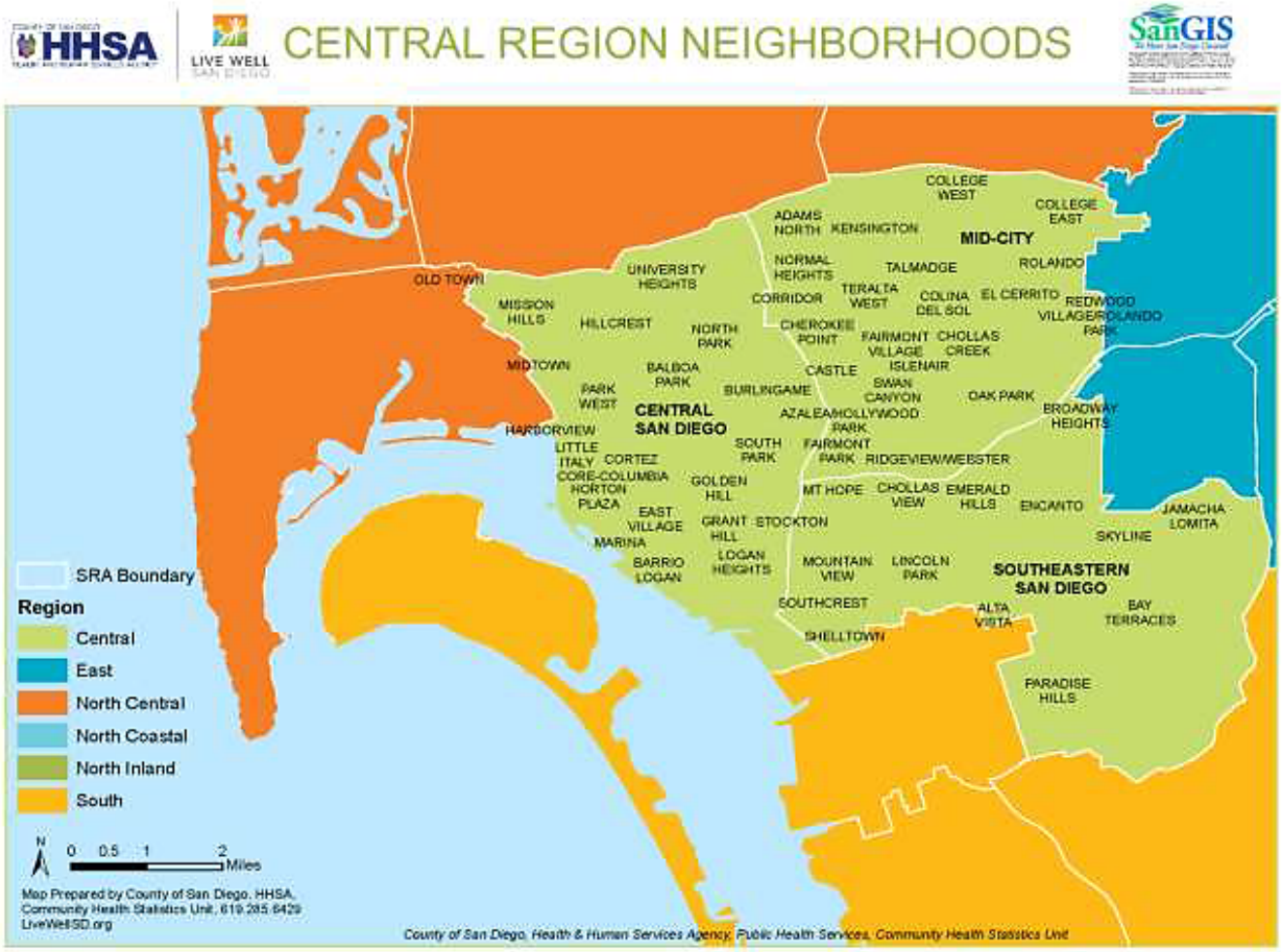
- Hosted a Live Well San Diego Partner Summit to facilitate collaboration among recognized partners
- Includes 3 workgroups: Physical Activity, Behavioral Health, Preventive Healthcare

NORTH COUNTY REGIONS

- Covers both North Coastal and North Inland Regions
- Monthly meetings, with annual community forums
- Vision: In North County, healthy choices are easy; prevention is priority; services are accessible; and communities are safe

CENTRAL REGION

- Central Region Population: 499,760
- 1 School District, San Diego Unified School District
- Nearly 1 in 6 San Diegans live in Central Region



CENTRAL REGION LEADERSHIP TEAM

- A group of community leaders and stakeholders actively working together in the HHSA Central Region to fulfill the vision of *Live Well San Diego*

GRANDPARENTS RAISING GRANDCHILDREN SYMPOSIUM AND LET'S CONNECT EXPO

LIVE WELL SAN DIEGO

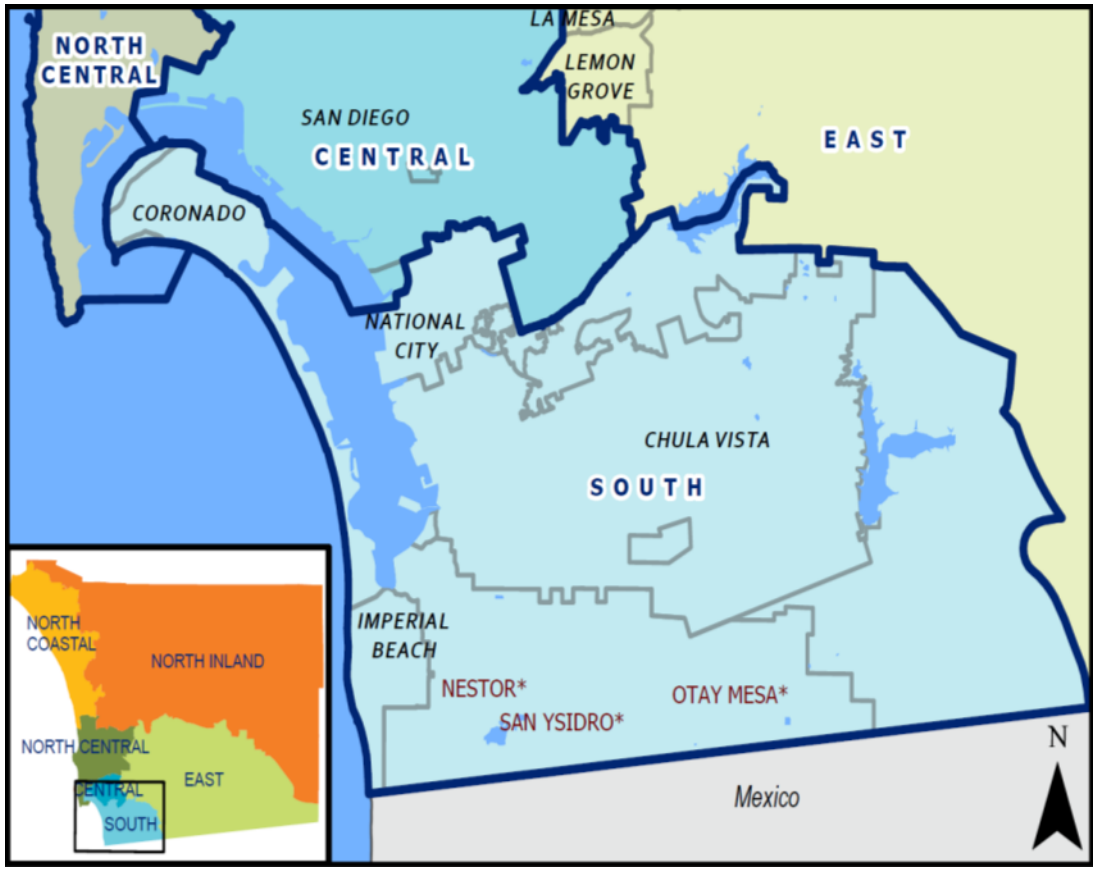
- Over 220 relative caregivers and community members were connected to resources including:
- Skill-building workshops
- Information and services from 50 resource tables
- Food donations

RESIDENT LEADERS IN ACTION

- Re-engaging a group of Resident Leadership Academy graduates

SOUTH REGION

- South Region Population: 494,561
- 6 School Districts
- Includes the busiest land border crossing in the Western Hemisphere

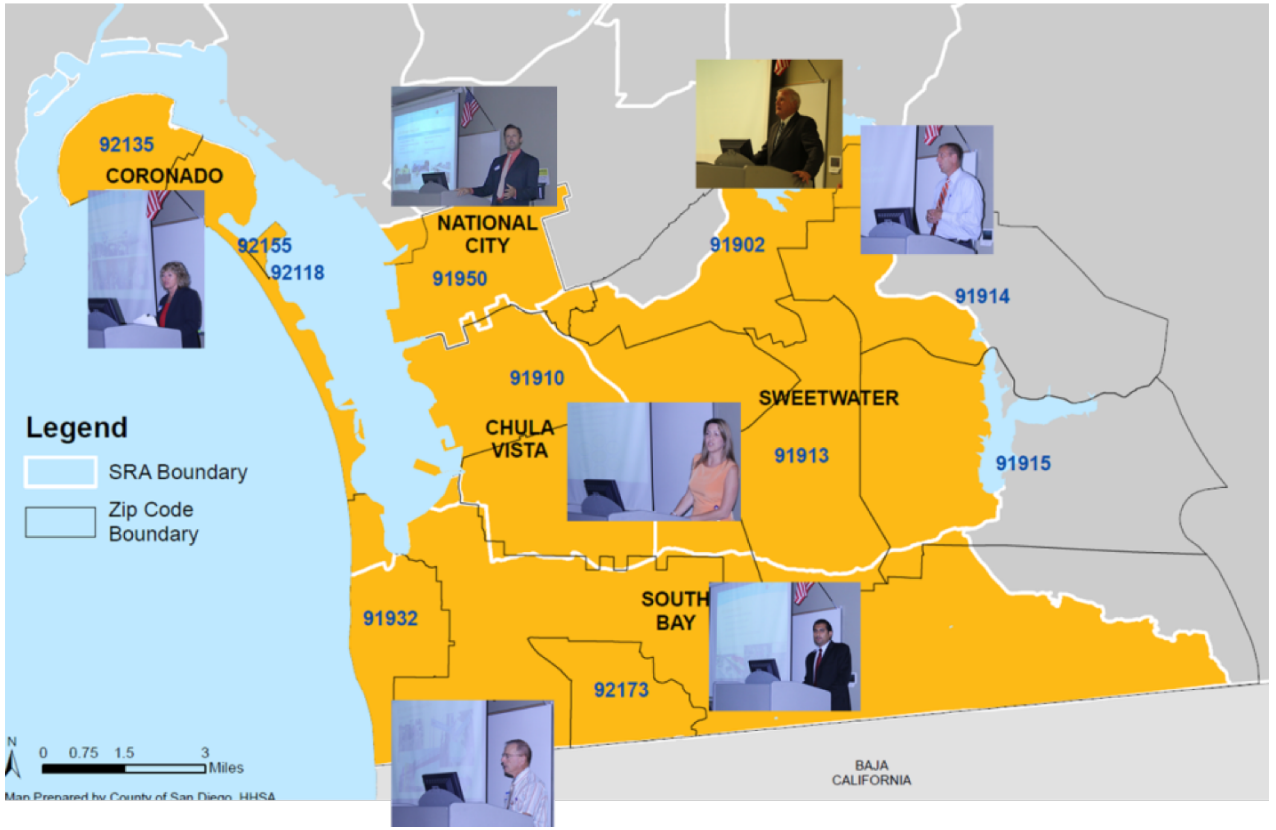


LIVE WELL SAN DIEGO SOUTH REGION LEADERSHIP TEAM

- Two Co-Chairs
- Advisory Group
- Three Subcommittees
  - Chronic Disease Prevention Work Group
  - Economic Vitality Work Group
  - School Work Group

LIVE WELL SAN DIEGO CITIES' FORUM

- Highlighted South Region Cities designated as LWSD Cities



THRIVING SUMMIT

Purpose

- To identify innovative strategies to help lift families out of poverty

Key strategies

- Bring services to residents
- Create partnerships
- Coordinate services
- Create conditions for families to thrive
- Reduce recidivism

CHULA VISTA ELEMENTARY SCHOOL DISTRICT OBESITY RATES 2010-2016

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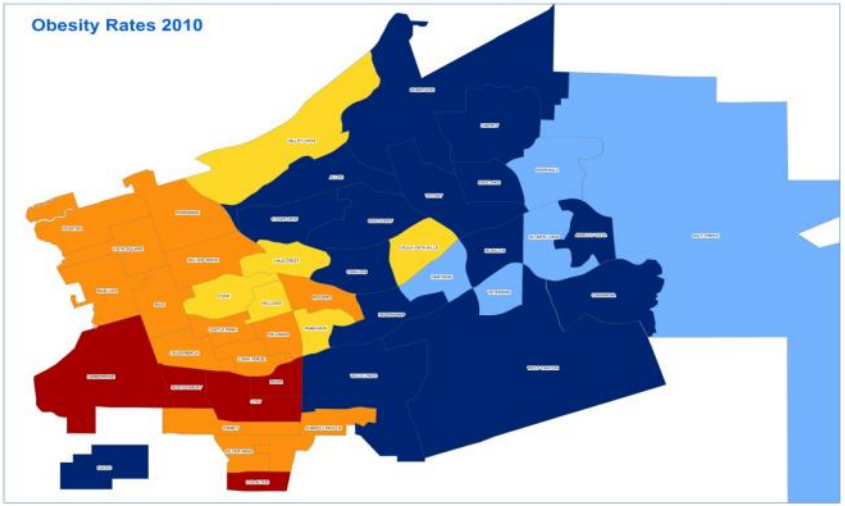
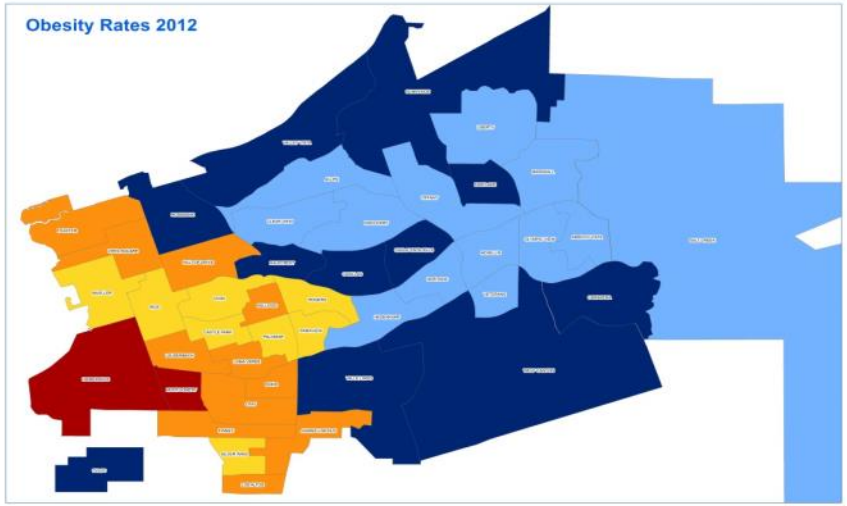
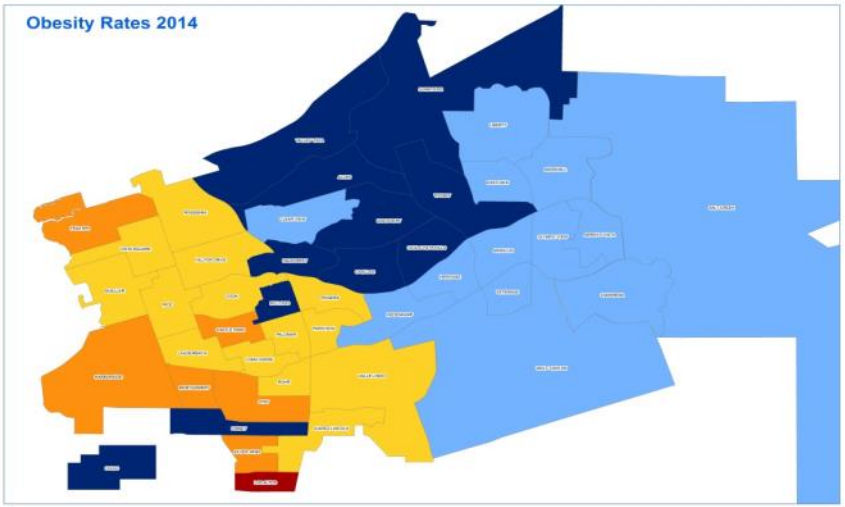
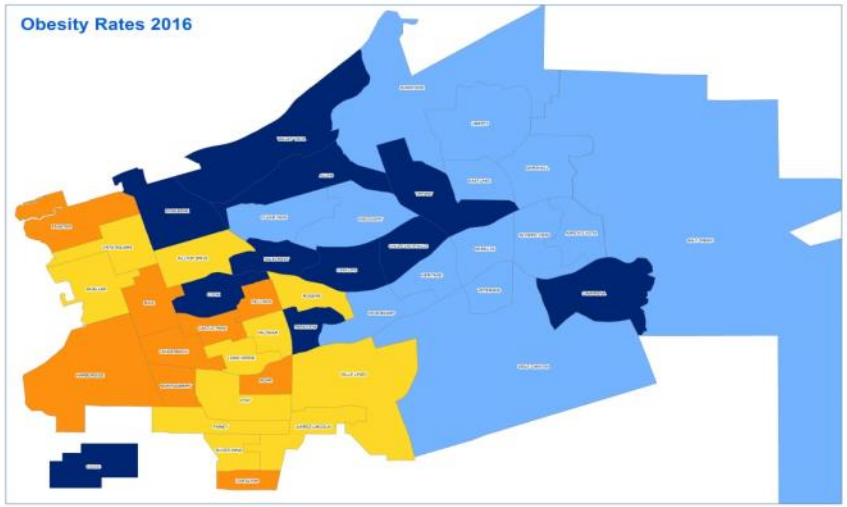








Chula Vista Elementary School District
Student Obesity Rates by School of Attendance (K-6)
Four-Year Comparison

Legend
9.5% - 14.99% | 15% - 19.99% | 20% - 24.99% | 25% - 29.99% | 30% +

0 1 2 4 6 8 Miles

N W E S

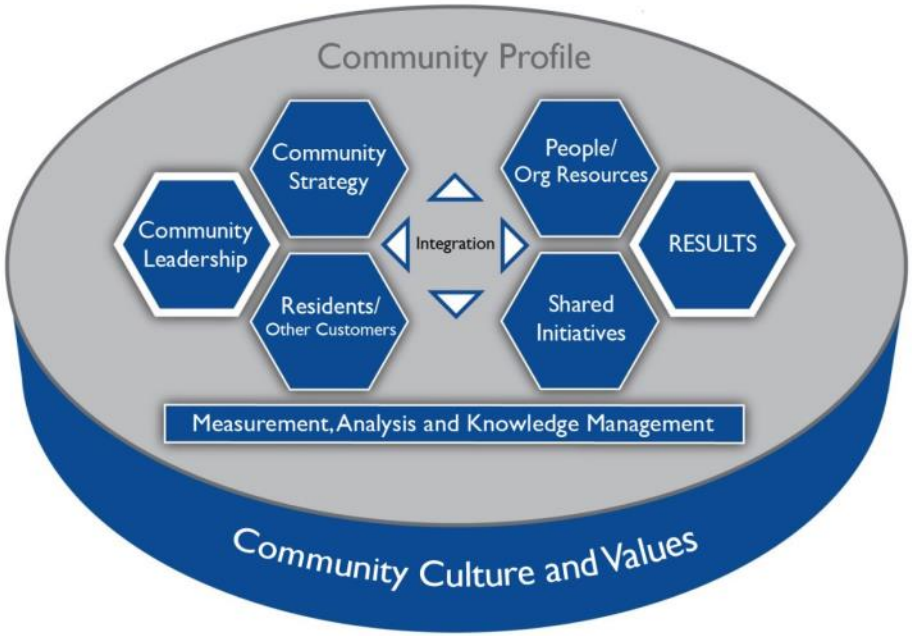
RESIDENT ENGAGEMENT

Resident Leadership Academy (RLA)

- Curriculum based training program
- Empowers residents to make positive policy and environmental changes to their community to support healthy behavior

COMMUNITIES OF EXCELLENCE

- Journey from great to excellent
- Two-year pilot
- Adapted from the Baldrige Framework



From Baldrige Performance Excellence Program. 2015. *2015–2016 Baldrige Excellence Framework: A Systems Approach to Improving Your Organization's Performance*. Gaithersburg, MD: U.S. Department of Commerce, National Institute of Standards and Technology. http://www.nist.gov/baldrige.

LEADERS ACROSS BORDERS

- Building binational leadership capacity among public health, health care, academic and community professionals.
- 119 health professionals from the ten U.S.-Mexico Border states have completed the program.
- Project implementation and ongoing impacts.

BINATIONAL LOVE YOUR HEART

AMA TU CORAZÓN

- 2015: 1st Binational LYH in one U.S-Mexico Border State in Mexico.
- 2016: Five U.S.-Mexico Border States with 84 sites and over 13,700 blood pressure checks.
- 2017: All six US-Mexico Border States, 186 sites with over 32,098 blood pressure checks.

THANK YOU!

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ANY QUESTIONS?

Visit **LiveWellSD.org**

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Resources from the Hub

- Taxonomy of Accountable Health Structures
- Glossary of Terms
- Reports on this topic
- Webinar Slides, Recording and other resources

www.HealthcareValueHub.org/Accountable-Health-Structures

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A Taxonomy of Accountable Health Structures

	Accountable Community for Health (ACH)				Accountable Care Community (ACC)
Funding	Centers for Medicare and Medicaid Services (CMS)			Other Sources	
	Accountable Health Communities (AHC) Model	Section 1115 DSRIP Waivers	SIM Grants	• State funding • Private foundations • Hospitals (via community benefit requirement)	• State funding • Private foundations • Hospitals (via community benefit requirement) • Other private sector investments
Population Served (within a defined geographic area)	Medicare & Medicaid beneficiaries	Medicaid beneficiaries	All residents		All residents
Convener	Health plans, hospitals, and/or health systems		Non-profit organization		Local public health agency
Participating Stakeholders:					
Providers	✓	✓	✓	✓	✓
Community-Based Organizations	✓	✓	✓	✓	✓
Public Health Agencies				✓	✓
Other Local Government				✓	✓
Local Businesses					✓
Educational Institutions					✓
Focus & Goals:					
Alignment of Community-Based and Clinical Initiatives	✓	✓	✓	✓	✓
Promoting Health Equity	✓	✓	✓	✓	✓
Cost Containment/ Delivery System Transformation	✓	✓	✓	✓	
Early Intervention for Behavioral & Mental Health Needs	✓			✓	✓
Chronic Disease Prevention					✓

For a glossary of terms and more resources: *www.HealthcareValueHub.org/Accountable-Health-Structures*

Version: Feb. 21, 2018

Remember to Dial in to Our Next Webinar in the Series:

Date	Description
Thursday, Feb. 22, 2018	Introduction & Background: This session set the stage regarding the evolution of Live Well San Diego (LWSD). It provided an overview of the LWSD vision and strategy and described their system of measuring impact.
Thursday, March 1, 2018	Infrastructure and Approach: This session illuminated the vital role of building a region of health and social wellness, and the importance of advancing social capital and expanding community capacities.
Tuesday, March 6, 2018	Key Lessons and Takeaways: This session provided a review of the goals, challenges, successes achieved by LWSD, as well as next steps for the group, and identified the key ingredients for replication in other communities.