



DATA BRIEF NO. 119 | MAY 2022

Illinois Residents Experience Difficulty Estimating the Cost and Quality of Care; Express Bipartisan Support for Government Action

A survey of over 1,000 Illinois adults, conducted from December 23, 2021 to January 2, 2022, explored residents' opinions about healthcare price and quality information.^{1,2} This data brief presents findings on Illinois respondents' ability to navigate price and quality information, views on the tradeoffs between healthcare prices and quality and support for transparency-related policy strategies across party lines.

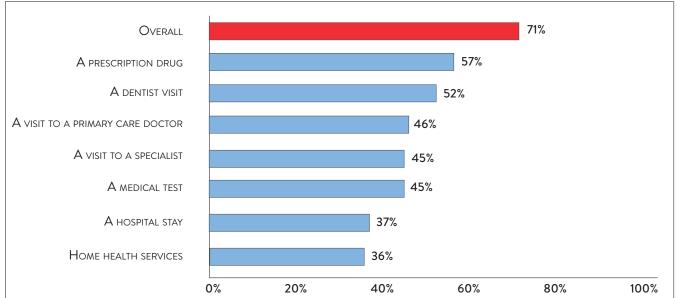
DIFFICULTY DETERMINING THE COST OF CARE

Roughly half (51%) of Illinois respondents are "very" or "extremely" confident they can find the price of a healthcare service ahead of time. However, 71% of respondents report actually seeking the price of services in the prior 12 months.

More than half attempted to determine the out-of-pocket cost for a prescription drug (57%) and/ or dental care (52%) (see Figure 1). Respondents less frequently attempted to determine the price of primary care (46%), specialist appointments (45%) and medical tests (45%) and were least likely to search for the price of a hospital stay (37%) and home healthcare services (36%). Notably, more than 1 in 3 sought hospital or home care pricing information.

Of those who reported seeking prices to compare two or more healthcare providers, 82% were successful.

Figure 1



Percent Who Report Trying to Find the Out-Of-Pocket Costs of Various Services in the Past 12 Months

Source: 2021 Poll of Illinois Adults, Ages 18+, Altarum Healthcare Value Hub's Consumer Healthcare Experience State Survey

DIFFICULTY DETERMINING THE QUALITY OF CARE

Roughly half of Illinois respondents are confident they can find quality ratings for doctors (56%) and hospitals (55%), and similar shares attempt to find this information. Half (50%) of respondents report trying to find quality information for a doctor in the past 12 months, while 47% sought quality information for a hospital.

Fewer respondents report being successful in finding the quality information they were looking for. Thirty-eight percent of Illinois respondents were successful when seeking quality information for a doctor and 33% were successful when seeking quality information for a hospital.

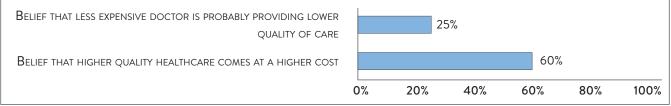
RELATIONSHIP BETWEEN QUALITY AND PRICE

In light of well-documented, widespread variation in clinical quality and price,³ it is clear that consumers need both price and quality information to successfully identify providers and treatment options that are of "good value" (within a limited assortment of "shoppable" procedures). Researchers have established that failing to provide quality data alongside price information may result in consumers using price as a proxy for quality,⁴ despite little evidence of a relationship between the two.⁵

While 3 in 5 (60%) of Illinois respondents believe that higher quality healthcare usually comes at a higher cost, few believe that prices reliably signal the quality of care. Just 25% believe that a less expensive doctor is likely providing lower quality care (see Figure 2).

Figure 2

Among Illinois Adults, Views on the Relationship between Healthcare Price and Quality



Source: 2021 Poll of Illinois Adults, Ages 18+, Altarum Healthcare Value Hub's Consumer Healthcare Experience State Survey

Over half (54%) believe that, if two healthcare providers had equal quality ratings, out-of-pocket costs would be a very or extremely important factor in deciding between the two professionals. Conversely, 57% believe that, if out-of-pocket costs were equal, quality ratings would be a very or extremely important factor in deciding between the two professionals.

SUPPORT FOR "FIXES" ACROSS PARTY LINES

Far and away, Illinois respondents see government as the key stakeholder that needs to act to address health system problems. When it comes to tackling costs, respondents endorsed a number of transparency-oriented strategies, indicating a need for insurers, drug companies and providers to work on consumers' behalf:⁶

- 91%-Require insurers to provide up-front cost estimates to consumers
- 90%-Show what a fair price would be for specific procedures

- 90%-Require drug companies to provide advanced notice of price increases and information to justify those increases
- 89%—Ensure patients can't be charged out-of-network prices if they encounter an out-ofnetwork provider through no fault of their own⁷

Strikingly, respondents strongly endorsed these approaches across party lines (see Table 1).

Table 1

Percent Who Agreed/Strongly Agreed, by Political Affiliation

		GENERALLY SPEAKING, DO YOU THINK OF YOURSELF AS		
SELECTED SURVEY QUESTIONS/STATEMENTS	TOTAL	REPUBLICAN	DEMOCRAT	Neither
The government should require insurers to provide up-front cost estimates to consumers	91%	95%	90%	89%
The government should show what a fair price would be for specific procedures	90%	93%	91%	86%
The government should require drug companies to provide advanced notice of price increases and information to justify those increases	90%	89%	91%	89%
The government should ensure that patients can't be charged out-of-network prices if they encounter an out-of-network provider through no fault of their own	89%	87%	92%	86%

Source: 2021 Poll of Illinois Adults, Ages 18+, Altarum Healthcare Value Hub's Consumer Healthcare Experience State Survey

DISCUSSION

Price transparency is instrumental to keeping consumers safe by allowing them to judge affordability and plan for the expense of needed healthcare services. It also enables state policymakers to address unwarranted price variation and, in some cases, can incentivize high-cost providers to lower their prices to align more closely with industry rates.

Despite its merits, price transparency is also inappropriately credited for its ability to make markets more efficient. Most notably, transparency tools have generally not been successful when it comes to incentivizing consumers to compare services and shop for the best price.⁸ This failure stems from tools that don't contain the types of actionable information consumers need and from the fact that some consumers don't view healthcare as a shoppable commodity. In fact, many healthcare services are not shoppable, such as those provided in emergency situations and settings that lack a selection of treatments/providers.⁹ Additionally, price may not the most important factor in healthcare decisions. For example, many patients defer to the courses of treatment their doctors recommend. Other reasons consumers discount price from their healthcare decisions include: a preference for the perceived "best care," regardless of expense; inexperience or discomfort with making tradeoffs between health and money; and a lack of interest in or familiarity with costs borne by insurers and society as a whole.

CONCLUSION

Illinois respondents demonstrate they are knowledgeable about the lack of relationship between the cost and quality of healthcare services. Around three-fourths are willing to seek out price information, and half are willing to seek out quality information. This presents challenges if people ultimately seek out care that is low cost, irrespective of quality.

While nearly half of respondents lack confidence in their ability to find healthcare price information, many of those who try report finding the information they need. Fewer are successful when it comes to finding information on the quality of the healthcare services they plan to receive.

Respondents strongly endorse a range of policy fixes that elected officials could pursue, both transparency- and non-transparency-related. Policymakers should note, however, that pursuit of transparency initiatives alone is unlikely to move the healthcare affordability needle. Efforts to improve transparency should be paired with other strategies that lower the unit prices of healthcare services, reduce the provision of low-value care and expand coverage options with adequate cost-sharing provisions.

Notes

- For information on a broader range of healthcare affordability burdens and support for solutions, see: Illinois Residents Struggle to Afford High Healthcare Costs; Worry About Affording Future Care; Support a Range of Government Solutions Across Party Lines, Healthcare Value Hub, Data Brief No. 117 (April 2022).
- 2. This survey was conducted after the Centers for Medicare and Medicaid Services' rule requiring hospitals to publicly display all standard charges for all items and services, as well as shoppable services, in a consumer-friendly format went into effect. While survey respondents may be reflecting on their experiences from before the rule went into effect, the well-documented low compliance from large hospitals indicates that the rule has yet to demonstrate the desired effect. See: Kurani, Nisha, et al., *Early Results from Federal Price Transparency Rule Show Difficulty in Estimating the Cost of Care*, Kaiser Family Foundation (April 9, 2021). See also: Henderson, Morgan, and Morgane C. Mouslim, "Low Compliance from Big Hospitals on CMS's Hospital Price Transparency Rule," *Health Affairs Forefront* (March 16, 2021).
- 3. Cooper, Zack, et al., *The Price Ain't Right? Hospital Prices and Health Spending on the Privately Insured*, Health Care Pricing Project (May 2015).
- 4. Hibbard, Judith H., et al., "An Experiment Shows That A Well-Designed Report On Costs And Quality Can Help Consumers Choose High-Value Health Care," *Health Affairs* (March 2012).
- 5. Hussey, P., Wertheimer, S., and Mehrotra, A. "The Association Between Health Care Quality and Cost: A Systematic Review," Annals of Internal Medicine (2013).
- 6. Illinois respondents also endorse a range of strategies beyond the transparency approaches included here. For other strategies, please see: Illinois Residents Struggle to Afford High Healthcare Costs; Worry About Affording Future Care; Support a Range of Government Solutions Across Party Lines, Healthcare Value Hub, Data Brief No. 117 (April 2022).
- 7. This policy strategy has been implemented at the federal level through the 2020 No Surprises Act, but state governments may issue their own policies to bring state statute in line with the federal

law. Importantly, unexpected medical bills resulting from ground ambulance services are not addressed by the No Surprises Act.

- 8. Quincy, Lynn, and Amanda Hunt, *Revealing the Truth about Healthcare Price Transparency*, Healthcare Value Hub, Research Brief No. 27 (June 2018).
- Researchers at RAND and the Health Care Cost Institute (HCCI) have identified a limited set of healthcare services that are potentially shoppable in advance. See: Frost, Amanda, David Newman and Lynn Quincy, "Health Care Consumerism: Can the Tail Wag the Dog?" Health Affairs (March 2, 2016).





ABOUT ALTARUM'S HEALTHCARE VALUE HUB

With support from the Robert Wood Johnson Foundation, the Healthcare Value Hub provides free, timely information about the policies and practices that address high healthcare costs and poor quality, bringing better value to consumers. The Hub is part of Altarum, a nonprofit organization with the mission of creating a better, more sustainable future for all Americans by applying research-based and field-tested solutions that transform our systems of health and healthcare.

Contact the Hub: 2000 M Street, NW, Suite 400, Washington, DC 20036 (202) 828-5100 | www.HealthcareValueHub.org | @HealthValueHub

Methodology

CONDITION

Altarum's Consumer Healthcare Experience State Survey (CHESS) is designed to elicit respondents' unbiased views on a wide range of health system issues, including confidence using the health system, financial burden and views on fixes that might be needed.

The survey used a web panel from Dynata with a demographically balanced sample of approximately 1,000 respondents who live in Illinois. The survey was conducted in English or Spanish and restricted to adults ages 18 and older. Respondents who finished the survey in less than half the median time were excluded from the final sample, leaving 1,012 cases for analysis. After those exclusions, the demographic composition of respondents was as follows, although not all demographic information has complete response rates:

DEMOGRAPHIC CHARACTERISTIC	FREQUENCY	PERCENTAGE	DEMOGRAPHIC CHARACTERISTIC	FREQUENCY	PERCEN
Household Income			Gender		
Under \$20K	145	14%	Woman	586	
\$20K - \$30K	118	12%	Man	406	4
\$30K - \$40K	98	10%	Transwoman	4	
\$40K - \$50K	105	10%	Transman	2	
\$50K - \$60K	104	10%	Genderqueer/Nonbinary	8	
\$60K - \$75K	90	9%	Insurance Status		
\$75K - \$100K	144	14%	HEALTH INSURANCE THROUGH EMPLOYER OR FAMILY MEMBER'S	364	
\$100K - \$150K	140	14%	EMPLOYER		
\$150K+	68	7%	Health insurance I buy on my own	81	
Age			Medicare	312	
18-24	173	17%	Medicaid	181	f
25-34	171	17%	TRICARE/MILITARY HEALTH SYSTEM	8	
35-44	135	13%	DEPARTMENT OF VETERANS AFFAIRS (VA) HEALTH CARE	8	
45-54	138	14%	No coverage of any type	35	
55-64	192	19%	I DON'T KNOW	23	
65+	193	19%	RACE/ETHNICITY		
Health Status			American Indian or Native Alaskan	38	
Excellent	155	15%	Asian	34	
VERY GOOD	317	31%	Black or African American	141	
Good	366	36%	Native Hawaiian or Other Pacific Islander	3	
Fair	141	14%	WHITE	799	
Poor	33	3%	Prefer Not to Answer	14	
DISABILITY			Two or More Races	32	
MOBILITY: SERIOUS DIFFICULTY WALKING OR	171	17%			
CLIMBING STAIRS			Hispanic or Latinx – Yes	131	
COGNITION: SERIOUS DIFFICULTY CONCEN-	98	10%	Hispanic or Latinx - No	881	8
TRATING, REMEMBERING OR MAKING DECISIONS	45	69/	PARTY AFFILIATION		
INDEPENDENT LIVING: SERIOUS DIFFICULTY DOING ERRANDS ALONE, SUCH AS VISITING A	65	6%	Republican	268	
DOCTOR'S OFFICE			Democrat	420	4
HEARING: DEAFNESS OR SERIOUS DIFFICULTY HEARING	74	7%	Neither	324	3
VISION: BLINDNESS OR SERIOUS DIFFICULTY SEEING, EVEN WHEN WEARING GLASSES	51	5%			
Self-Care: Difficulty dressing or bathing	40	4%			
No disability or long-term health	703	69%			

Demographic Composition of Survey Respondents

Source: 2021 Poll of Illinois Adults, Ages 18+, Altarum Healthcare Value Hub's Consumer Healthcare Experience State Survey

Notes: Percentages in the body of the brief are based on weighted values, while the data presented in the demographic table is unweighted, except for race/ethnicity. We do not conduct statistical calculations to determine the significance of differences in findings. Comparisons are for conversational purposes only and are determined by advocate partners in each state based on organizational/advocacy priorities. We do not report any estimates under N=100 and a co-efficient of variance more than .30.